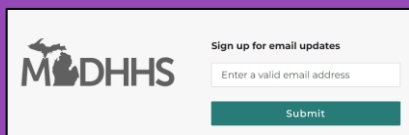


Program for Breast Cancer in Young Adults

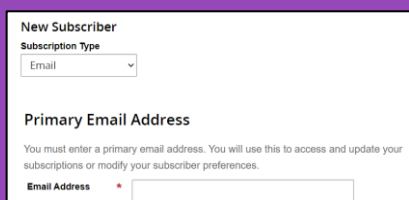
Young Adults with breast cancer are individuals under the age of 45 who are diagnosed with breast cancer. CDC has funded the Michigan Department of Health and Human Services (MDHHS) Program for Breast Cancer in Young Adults to improve the quality of life of young adults with breast cancer, with a specific focus on underserved populations.

SIGN UP FOR THE PROGRAM FOR BREAST CANCER IN YOUNG ADULT'S WEEKLY EMAIL LISTSERV

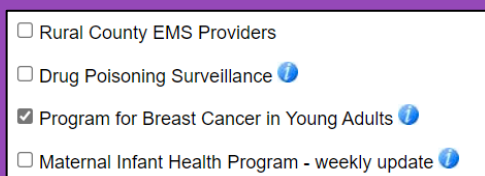
1. Visit the MDHHS website homepage <https://www.michigan.gov/mdhhs/> and scroll to the bottom of the page.

A screenshot of the MDHHS website's sign-up form for email updates. It features the MDHHS logo on the left. On the right, there is a heading "Sign up for email updates", a text input field with the placeholder "Enter a valid email address", and a green "Submit" button below it.

2. Enter your email address and click **Submit**.

A screenshot of the "New Subscriber" form. It has a "Subscription Type" dropdown menu with "Email" selected. Below this is a "Primary Email Address" section with a note: "You must enter a primary email address. You will use this to access and update your subscriptions or modify your subscriber preferences." There is an "Email Address" input field with a red asterisk indicating it is required.

3. Enter the requested information to become a new subscriber.
4. Read and accept the Privacy Policy.
5. Scroll the Population and Public Health section and check the box for the **Program for Breast Cancer in Young Adults**.

A screenshot of a list of checkboxes for selecting programs. The options are: "Rural County EMS Providers", "Drug Poisoning Surveillance" (with an information icon), "Program for Breast Cancer in Young Adults" (checked, with an information icon), and "Maternal Infant Health Program - weekly update" (with an information icon).

6. Click **Submit**.



BREAST CANCER RESOURCES FOR YOUNG ADULTS

The following resources are available at www.Michigan.gov/cancer by clicking on the Young Breast Cancer link or by scanning the QR code below.



Young Breast Cancer Listserv:

This listserv shares one weekly message on topics of interest to people with breast cancer. See more information on signing up for this resource to the left of this page.



Managing a New Diagnosis Video:

This video includes suggestions from young adults with cancer for others diagnosed with cancer.



Treatment and Beyond Video:

This video includes suggestions for people who are in treatment or are post-treatment survivors.



Breast Cancer Frequently Asked Questions (FAQ):

These questions were developed by young adults with breast cancer for others with breast cancer. They provide a wide variety of resources about topics including, but not limited to, mental health, social support, insurance, careers, fertility, and parenting. Look for other FAQ on the Young Breast Cancer and Metastatic pages.



Caregiver Frequently Asked Questions:

These questions were developed by family and friends of people with cancer for other cancer caregivers. They provide a wide variety of resources to help with becoming a caregiver. The resources are for cancer caregivers of all cancer types diagnosed at any age.

BECOME A PARTNER

MDHHS welcomes the involvement of young adults with breast cancer, cancer survivors, caregivers, health care providers, and organizations. For more information on how you can get involved, contact Debbie Webster at WebsterD1@Michigan.gov.

Scan the QR code to visit our webpage→

